

Politiki Salad

Red grape vinegar with Basil & Garlic

Ingredients

- 1/2 chopped cabbage
- 1 Grated carrot
- 1/2 Chopped celery sprig
- A handful of chopped parsley
- 1 Chopped pepper Florini
- 2 Cloves of grated garlic
- A handful of white raisins
- 1/2 Cup extra virgin olive oil
- 1 tbsp. Red vinegar with garlic & basil
- Salt & Pepper



Preparation

- Wash and dry the vegetables.
- Finely chop them and add them in a bowl.
- Add the red grape vinegar with garlic & basil.
- Add the extra virgin olive oil.
- Mix everything by hand very well.
- Season with salt & pepper.
- Leave it in the fridge for at least 1 hour to marinate.

Tip

Every hour the salad stays longer in the fridge it becomes even tastier.

Καλή όρεξη!



Wisdom of Nature

organic grape products

Koutsis, 20500 Nemea, Greece

www.sofiatisfisis.gr

mail@sofiatisfisis.gr